

Zips

Zero to age 21: Information
Promoting Success for Nurses
working with Kansas Kids

OCTOBER 2003

Welcome to ZIPS: **Z**ero to **A**ge 21: **I**nformation **P**romoting **S**uccess for Nurses working with Kansas Kids. We hope this newsletter continues to be a useful resource for you, and encourage you to give us your comments, feedback, and suggestions. Also, note that previous months' issues of the ZIPS can be found at: <http://www.kdhe.state.ks.us/bcyf/c-f/zips/>

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ALERT: Please See Page 6 for important information regarding the Delegation for Performance of Selected Nursing Procedures in School Settings.

The 14th Annual Conference of the Perinatal Association of Kansas was a grand success! Thank you to all who attended the conference which was held at the Manhattan, Kansas Holiday Inn Holidome on September 11 and 12. The title of the conference was 'Changing Dimensions in Perinatal Care: Planting Seeds for Prevention'. The conference featured Rita Davenport, RN, BSN who presented 'Survival Spanish for Health Care Providers'; Norm Hess, March of Dimes Program Director for Kansas who spoke about the work which the March of Dimes is able to provide with its supportive partners in Kansas as well as on the Prematurity Campaign; Sandra Cesario, RN, Ph.D told the group about the effects of obesity in pregnancy and what every nurse needs to know; Stacy Kno-

bler, MD, one of the few practitioners of neurology in the perinatal population in Kansas, provided us her knowledge of the approach to the encephalopathic neonate. Further, breakout sessions were provided by Sandra Cesario on obesity, by Stacy Knobler with information about the use of encephalopathic diagnostic modalities, by John F. Evans, MD who gave a prematurity medical update session, and by Doug Turner, LSCSW who showed us the true heart of the father by providing key insights into the nature of fatherhood. Finally, an uplifting and exhilarating presentation of 'Great Moments' was given by Bill Cordes, BA, MS. Again, thank you to everyone who participated and made this conference a phenomenal success!



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ZIPs: Perinatal Health

Health foods make promises that only the Second Coming could fulfill.

- Mason Cooley (b. 1927), U.S. aphorist.



From the Pregnancy Foresight Project Article: This is a March of Dimes funded research project which focuses on the health of all women in Washington state capable of becoming pregnant. Its primary focus is to improve the prenatal and preconception education about folic acid, smoking, alcohol and other relevant topics. For additional information, you may go to the Pregnancy Foresight Project website: <http://www.swedishmedical.org/PregnancyForesight/Home.html>

Also available from the web site is the ability to print free multilingual preconception/prenatal health education materials on a wide variety of topics.

The Kansas Newborn Screening Program now has a Spanish language version of their "Newborn Screening For Your Baby's Health" brochure entitled "Prueba en el Recién Nacido para la Salud de su Bebé." For more information, call the newborn screening program at (785) 291-3363 or use the Make a Difference toll-free line at (800) 332-6262.

Another great resource which is available to all of you healthy clickers out there is the web site of the Perinatal Association of Kansas. This web site may be found by entering the following into your web browser: <http://www.kspak.org/> Many useful links related to the health of both mothers and infants in the area of perinatal health is at your very fingertips. Happy surfing!!!



Did you know??? The third Tuesday of November is *National Prematurity/Premature Birth Awareness Day*. The March of Dimes promotes this event and has many informative topics as well on their

web site: <http://marchofdimes.com/> or there is also a Spanish-speaking web site for them at: <http://nacersano.org/>.



If you have a burning desire to learn all about Certified Nurse-Midwives the web site offered by the University of Kansas has everything that you wanted to know about this wonderful topic at: <http://www2.kumc.edu/midwife/Midwifery.htm>. These very important people as you will soon discover are well-educated and provide another valuable source of healthcare to our pregnant or intending to be pregnant population. Study hard the exam will be coming soon.....to a site near you.

Along a similar line of thought I found a very interesting article in Volume 32, Number 4 of the *Journal of Obstetric, Gynecologic, & Neonatal Nursing* entitled, "Preconceptional Wellness as a Routine Objective for Women's Health Care: An Integrative Strategy". This article underscores the new push toward better overall care for women even before they become pregnant and the idea that this will help to foster overall better pregnancy outcomes. Hark, I think I can hear the wave of the future for public health! More on this as it becomes available. Also, there are several other good articles dealing with preconceptional care in this same issue.

Has anyone not read the "Can the Tuna" article? If not, I do have access to a pdf file of the report that I can send out to anyone interested in receiving a copy via e-mail as an attachment. One of the ideas in the article suggests there are foods that contain high levels of mercury that the general public is unaware. Of particular note, the EPA's Children's Health Report showed that 8% of U.S. women of child-bearing age have mercury levels above the EPA's reference dose.



The vast majority of American babies are raised on mostly infant formula, despite the fact that virtually all health and nutrition authorities agree that breastfeeding is the preferred method of feeding and nurturing babies.

Low-income babies, who need immunological, psychological and economic benefits the most, are least likely to be breastfed. The article "**Breastfeeding – Encouraging the Best for Low Income Women**" discusses this issue and can be found at: <http://www.4woman.gov/editor/aug03/index.htm>



Infancy Matters: a newsletter of the Kansas Association for Infant Mental Health Newsletter is available online at:

<http://www.kaimh.org/news5-1.htm>



Asset Building with Trick-or-Treaters: Tips for Neighbors



- If you don't know the kids who come to your door, ask their names and grades in school.
- Compliment (or get scared by) their costumes.
- Ask the child a question or talk to them briefly before you give a treat.
- Turn on a light so children will be safe.
- Intervene if trick-or-treaters become disrespectful or damage property.
- Invite kids with parents you know to come in for a short visit. (Don't invite kids you don't know inside.)
- Offer to take a busy parent's child or children out along with yours.
- Share treats that reflect your culture or values.
- Get together with neighbors to decorate together. (Make it more fun for kids--and get to know neighbors at the same time.)
- Remember to greet kids the next day . . . when they don't have costumes on!
- Consider making a special treat bag (with extra treats or extra surprises) for the children who live nearest to you. When these children arrive, make a fuss about them coming and say you have something extra special for them.

- Ideas from the Search Institute (<http://www.search-institute.org>).

ZIPs: Child Health

Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.
- Constitution of the World Health Organization.



The Summer 2003 edition of the Unleaded Post: Childhood Lead Poisoning Prevention Newsletter is available on the web by visiting : <http://www.unleadedks.com/>

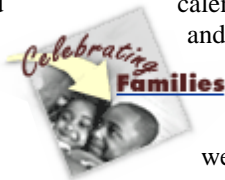
The Kansas Division of Health and Environmental Laboratories (DHLE) is now providing the analysis of filter paper for blood lead testing. If you are currently using filter paper, please discontinue using MedTox or Tamarac Laboratories and begin using DHLE. An order form "Requisition for Laboratory Specimen Kits" is available on our website: <http://www.unleadedks.com>. Please complete the form with the number of filter paper forms you need and fax it back to the lab, 785-296-1641. If you need lancets for the testing, please specify "lancets" under the "Other" section on the requisition form. If you have any questions regarding this, please call (toll free) 866-unleadedks (866-865-3233). If you have questions regarding the filter paper testing technique, please contact the lab at 785-296-1623. Thanks for your efforts to increase screening rates and improve follow-up care for Kansas children.



Issue Brief Examines Parents' Awareness of CHIP and MEDICAID. An issue brief from the Urban Institute examines the changes in parents' awareness of Medicaid and the State Children's Health Insurance Program (CHIP) between 1999 and 2002 and their interest in enrolling their uninsured children in public programs in 2002. The information in this issue brief is based on data collected in the National Survey of America's Families from 1999 and 2002. To read the full brief go to: <http://www.urban.org/urlprint.cfm?ID=8497>

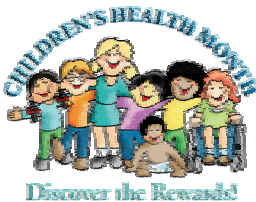


Connect for Kids, an award-winning multimedia project, helps adults make their communities better places for families and children. The Web site offers a place on the Internet for adults—parents, grandparents, educators, policymakers and others—who want to become more active citizens, from volunteering to voting with kids in mind. For more information visit: <http://www.connectforkids.org/>



Celebrating Families 2003 is an online calendar of dates, activities and resources that strengthen families. These pages will celebrate culture, tradition and diversity, as well as advocate active community involvement. Visit: <http://www.celebratingfamilies.org/>

October is Children's Health Month.



The President's Task Force on Environmental Health Risks and Safety Risks to Children is pleased to announce that during the month of October, federal agencies and White House offices will join together to help our nation DISCOVER THE REWARDS OF CHILDREN'S HEALTH. Events and activities will educate parents and children on a myriad of topics critical to children's health, including prevention of childhood illnesses, protection of children from environmental health risks, education and child care, safe cycling, child passenger safety, nutrition, parenting, infant mortality, mental health and much more. Complete details are available on the Children's Health Month web site: <http://www.childrenshealth.gov/index.htm>
Partnerships for Inclusion – PFI – has a wide array of products in several formats. Some of their newer products include: Inclusive Child Care – a training series designed to give adults information they need

about how to include children with disabilities in regular child care programs. Unexpected Journey: The Earliest Days – a video about the transition infants and families make from the neonatal intensive care unit (NICU) to home. All Together Now! – a magazine designed to bring quality information about early childhood experiences for all children – those with and without disabilities. To view these products go to: <http://www.fpg.unc.edu/~pfi/>



New Spanish Helplines.

Effective August 1, 2003, the Kansas Children's Service League's Parent Helpline (800-332-6378) and Youth and Family Crisis Line (316-943-2243) will be answered with the option for the caller to choose either English- or Spanish-speaking counselors. For more information, contact KCSL at (316) 942-4261, sjohnson@kcsl.org, or www.kcsl.org

The Pacesetters for Kids E-Learning Project provides child abuse and neglect mandated reported training to childcare providers throughout the state. The program is entirely online, so it is not limited to counties, regions, or cities. For more information contact Rachele Rake at rake@kcsl.org

The Food and Drug Administration has



approved new uses for the antidepressant Prozac to treat children and adolescents 7 to 17 years of age for depression (major depressive disorder) and obsessive compulsive disorder (OCD). For more information visit <http://www.fda.gov/bbs/topics/ANSWERS/2003/ANS01187.html>

Zips: Adolescent Health

Health, learning and virtue will ensure your happiness; they will give you a quiet conscience, private esteem and public honour.
- Thomas Jefferson (1743-1826), U.S. president.

“Preparing for Bioterror”: A lesson plan for students in high school that focuses on how America is preparing to respond to a potential bioterrorist attack and reviews current public health information and recommendations related to the small pox vaccination. Visit <http://pbs.org/newshour/extra/teachers/lessonplans/science/bioterror.html>

In response to an increase in **community acquired MRSA**, the Texas Department of Health has developed and disseminated through school administration, nurses and athletic departments as well as daycare facilities a document entitled “Information on Staphylococcal Infections For School Athletic Departments.” The document can be found by visiting: http://www.tdh.state.tx.us/ideas/antibiotic%5Fresistance/mrsa/school_athletic_departments.asp

Methicillin-Resistant Staphylococcus aureus (MRSA) Infections Among Competitive Sport Participants. The findings of this investigation underscore the importance of implementing prevention measures by players, coaches, parents, and school and team administrators. Although outbreaks of MRSA usually have been associated with health-care institutions, there is increased risks for athletes due to physical contact, skin damage, and sharing of equipment or clothing. For more information visit <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5233a4.htm>

Adolescent Consent for Health Care: The Alan Guttmacher Institute has information on adolescent consent laws at: <http://www.agi-usa.org>.

Extra Hour for Extra Action: When daylight savings time ends on October 26, 2003, and clocks are set back one hours, com-

munités can take part in VERB’s EXTRA HOUR FOR EXTRA ACTION (EHEA) promotional program. EHEA is a simple program that will occur over four weeks to increase the number of hours tweens (children ages 9-13 years) participate in physical activity. To order a EHEA promotion kits, or to find out more information, visit <http://www.cdc.gov/verb>

According to the **National Association of State Boards of Education**, Kansas “Education Regulation 91-31-20 (1996) (no direct link available) requires each local board of education to provide a comprehensive education program in human sexuality, including information about sexually transmitted diseases, especially AIDS, in the elementary and secondary grades. However, the Education Regulation states “this shall not be construed as requiring endorsing or encouraging the establishment of school-based health clinics or the teaching of birth control methods.” The state does not require schools to follow a specific curriculum, nor does it provide a suggested framework. The Education Regulation also requires local schools to develop procedures for allowing parents or guardians to remove a student from portions of health education. Kansas does not provide state funds for school-related HIV, STD, or teen pregnancy prevention activities.” For more information on Kansas’ school health policies, visit: <http://www.nasbe.org/HealthySchools/States/Kansas.html>

The Senate Finance Committee recently approved a welfare reauthorization bill. Called PRIDE (Personal Responsibility and Individual Development for Everyone), the bill reauthorizes the Temporary Assistance for Needy Families (TANF) program as well as a number of other programs (e.g., the abstinence-unless-married education program). **CLASP** has just released a review of the changes to current law that the Senate Finance

Committee bill would make relating to teen parents and youth. Visit: http://www.clasp.org/DMS/Documents/1064258410.35/Finance_youth_sum.pdf

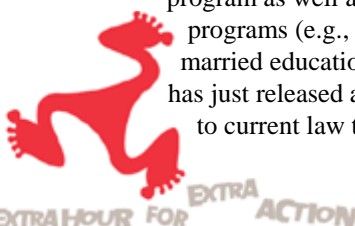


The mission of the public schools is to educate all students. However, students with serious mental health needs are less likely to succeed or benefit from schooling. **Columbia University's TeenScreen** is a mental health screening tool that is currently used in middle and high schools in 27 states to identify students at risk for depression or suicidal thinking. Districts that have a licensed mental health practitioner on staff and are willing to screen at least 200 youths per year can access a free computer-based questionnaire. The website for the program is at: <http://www.teenscreen.org>. Program details are in D. Shaffer, P. Fisher, et.al. “National Institute of Mental Health Diagnostic Interview Schedule for Children Version IV (NIMH DISC-IV), *Journal of Amer Acad Child & Adolescent Psychiatry*, 2000, Vol 39, pp 28-38. See also D. Shaffer, D & L. Craft, “Methods of Adolescent Suicide Prevention” *Journal Clin Psychiatry*, 60, Supplement 2, 1999 pp. 70-74.



Is your health curriculum in your school getting a little stale? Do you wish you had some creative materials to use in counseling your students about health?

If so, Healthy Inspiration has released its Today's Healthy Woman Lesson Plans and Discussion Guide (with lesson plans for boys) that is great for junior high and high school kids. Eleven lesson plans and three overheads make learning about health challenging and fun. For more info, visit <http://www.healthyinspiration.com/lessons.cfm>



A little health now and again is the ailing person's best remedy.

- Friedrich Nietzsche (1844–1900), philosopher

The Paradox of Hunger and Obesity in America. This report examines the emerging and seemingly paradoxical relationship between hunger, food insecurity and obesity and is available at <http://www.frac.org/pdf/hungrandobesity.pdf> or www.centeronhunger.org/pdf/hungrandobesity.pdf

President's New Freedom Commission on Mental Health. The final report to the President offers a vision of hope and recovery for people with a serious mental illness and their families. Go to <http://www.mentalhealthcommission.gov/reports/reports.htm>



More Health Privacy Information can be found at <http://www.healthprivacy.org> and this includes information specific to the State of Kansas.



The Kansas Department of Health and Environment (KDHE) Laboratory has confirmed four additional human cases of **West Nile Virus (WNV)** encephalitis or meningitis in the state, bringing the reported, confirmed total to 53. There are currently 83 of the 105 Kansas counties with WNV activity reported in either animals, mosquitos or humans. Kansas keeps track of the most severe cases of WNV (those with signs of meningitis or encephalitis). It is very likely that many people in Kansas, other than those represented by these confirmed cases, have been infected with the WNV. In some cases, symptoms were not apparent, while in other cases there were symptoms that did not include meningitis or encephalitis. For questions about West Nile Virus in humans, call KDHE at 1-877-427-7317. A toll-free hotline has been set up for Kansans to report dead birds at 1-866-452-7810. For more info, please visit <http://www.oznet.ksu.edu/westnilevirus/>.



Seeking information on **immunization requirements** and researching recommended vaccines? <http://www.immunizationinfo.org>, the **National Network for Immunization Information (NNii)** provides accurate and scientifically supported answers to common questions about vaccines. The site contains a state-by-state vaccine database, with information on school and daycare entry immunization requirements. It also contains background information on every recommended childhood vaccine, the most current immunization schedules, and answers to frequently asked questions on childhood vaccines. A resource kit provides handouts on each vaccine for physicians and nurses to give to parents whose children are receiving immunizations. The NNii site is a valuable resource for you.

CDC Prepares for Possible Return of SARS: It's not known whether Severe Acute Respiratory Syndrome (SARS) will re-emerge in the United States and elsewhere this fall, but the Centers for Disease Control and Prevention (CDC) says it wants health care workers to be ready if it does. For more information, visit: http://www.healthinschools.org/2003/sept24_alert.asp



"Potent Virus Brings Warnings to Get Your Flu Shot" USA Today (<http://www.usatoday.com>) (09/24/03) P. 1A; Sternberg, Steve. Public health officials warned Americans on Tuesday to receive their influenza immunizations this year, saying that the virus that is most likely to appear during the 2003-2004 flu season will be a very strong one. The Centers for Disease Control and Prevention notes that because of a good supply of 85.5 million doses of the flu vaccine this year, healthy patients do not have to wait for at-risk groups to



receive the vaccine before obtaining it themselves. Despite the fact that flu kills about 36,000 Americans each year and puts 114,000 in the hospital, just 70 million people get the flu vaccine--which is only half of the number of people at high risk of the disease, let alone the entire population.

"Immunizations: The Best Medicine" Newsweek (<http://www.newsweek.com>) (09/22/03) P. 57; Bernstein, Henry H. In just the past 100 years, immunizations in the United States have reduced the infant mortality rate from 50 percent to a negligible figure, despite concerns from some groups that the number of shots--up to 20 doses of vaccines against 11 diseases--given to healthy children by two years of age could be overwhelming for developing immune systems. A study performed by the Institute of Medicine found no association between multiple immunizations and increased risk of infections or autoimmune diseases like type 1 diabetes, one of the more common accusations. Some groups have suggested that the measles-mumps-rubella vaccine can cause autism, but recent studies have not been able to support that position--and, in fact, they have undone any links between combination vaccines and autism. Mercury poisoning has also been a concern, but the association between the preservative thimerosal in vaccines and mercury poisoning has never been anything but theoretical, and vaccine makers are even taking out thimerosal to assuage worried parents.



CDC Reports on Immunization Registries: Currently, approximately 44 percent of U.S. children are enrolled in immunization registries, according to the Centers for Disease Control and Prevention. http://www.healthinschools.org/2003/sept26_alert.asp



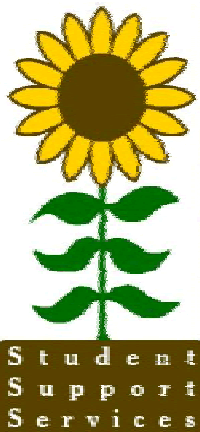
ALERT!! The Statute and Regulation for Delegation for Performance of Selected Nursing Procedures in School Settings is up for Review. The Kansas State Board of Nursing is currently reviewing the Regulations K.A.R. 60-15-101 through 104. The text of these statutes can be found at: <http://www.ksbn.org/npatoc.htm>. Suggestions can be sent to KSNO by emailing mshor-man@hays489.k12.ks.us or sue.holmes@usd305.com

Question: “**Can chiropractors perform child health assessments at school entry?**” Answer: “No they cannot.” Please refer to the Kansas Statute No. 72-5214 section (a) subsection (5). The definition of a “physician” means a person licensed to practice medicine and surgery. Chiropractors do not meet this criteria, therefore cannot perform the child health assessment at school entry. Please view the entire Statute at: <http://www.kslegislature.org/cgi-bin/statutes/index.cgi> Type in 72-5214 upon opening the Kansas Legislature website.

New Hearing Screening Guidelines and Resource Manual – is available to download at: <http://www.kansped.org/ksped/KASEA/kaseaindex.html> Please refer to the first page of Chapter 1 A. Definition and Training Requirements. The last three sentences in this paragraph discuss hearing certification requirements for unlicensed persons. Refer to the * notation on the fourth page of Chapter 1, for clarification of those persons that do not need the hearing screening certification:

*Licensed persons include those who are licensed, certified, registered, or otherwise recognized by any of the following state agencies;

1. Board of Healing Arts (physicians)
2. Board of Nursing (nurses)
3. Health Occupations Credentialing (speech-language pathologists,



audiologists) through the Department of Health and Environment. It is strongly encouraged that any person performing hearing screenings participate in training in order to maintain the appropriate skills.



Looking for a cute, innovative tool to assist in your dental health educational projects?

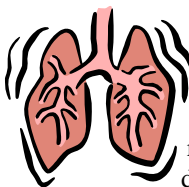
Go to: <http://www.teachingaid.com/index.html>

Because you're a leader in **Asthma Education**, you know that:

- Asthma Emergencies account for close to ¼ of hospital's ER visits, and
- Most Asthma Emergencies could have been avoided, had the appropriate controller drugs been prescribed and used.



Looking for information on getting free **asthma medications** for indigent patients? Please go to: <http://www.ashp.org/homecare/asthma-resource.cfm>



An easy to use, 16 panel Asthma Guidelines, Pocket Reference, digests over 164 pages of NAEPP therapy recommendations and hundreds of pages of PDR asthma drug dosage information for the treatment of asthma. You may purchase a copy of your Asthma Guidelines Pocket Reference for \$7.95 at: <http://www.pocketreferences.com/Pages/Asthma.html>

The **U.S. Environmental Protection Agency** is pleased to announce the launch of Indoor Air Quality (IAQ) DESIGN Tools for Schools. This new web-based resource contains recommendations and tools to help communities and design professionals integrate good indoor air quality practices into the design, construction, renovation, and operation and maintenance of K-12 school facilities. Practical, cost-effective actions ranging from walk-off entry mats



to advanced ventilation systems can reduce contaminants in schools and help protect the health of children and staff. The attached one-page flyer provides additional detail on the new voluntary guidance. Please feel free to share it with your colleagues and stakeholders. Visit <http://www.epa.gov/iaq/schooldesign>. For further information, contact: Bob Axelrad, Indoor Environments Division; (202) 564-9315; axelrad.bob@epa.gov.

The full text of the American Academy of Pediatrics Policy Statement, "Guidelines for the Administration of Medication in School," appears in the September 2003 issue of the journal Pediatrics and can be accessed on line at: <http://www.aap.org/policy/s010105.html>

“A full stomach leads to better learning”, and with more children than ever before getting their breakfast and lunch at public schools, this article discusses a program that seeks to ensure that no child has to go through the school day hungry. While more kids are relying on the Free and Reduced Price Meals System, schools are also using meals as a means of building community, increasing attendance and attentiveness and reaching out to students of different cultural backgrounds reports Corinne Purtill in this very interesting article: To view the entire article: <http://www.gazette.net/200334/silverspring/news/173642-1.html>

Increased rates of obesity and diabetes among young children have heightened parents' concerns about the quality of food available to their children through



school breakfast and lunch programs. Parents have also expressed concerns about snack foods sold in vending machines, and candies and other "junk foods" sold as fund-raisers. A number of school communities are exploring how they can strengthen school policies related to breakfast, lunch and snacks on campus. For more information go to: <http://www.healthinschools.org/parents/lunch.htm>

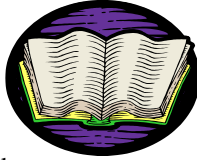
Give a man health and a course to steer;
and he'll never stop to trouble about
whether he's happy or not.
- George Bernard Shaw (1856–1950), playwright

(Continued from page 6)

The September issue of Health and Health Care in Schools is now online.

Read the e-journal at:

<http://www.healthinschools.org/ejournal/ejournal.htm>



In this issue:

1. AAP Releases Guidelines for Administration of Medication in School
2. Update on Pediatric Drug Labeling
3. Institute of Medicine Warns of Problems with Vaccine Supply
4. Herbal Remedies and Children: Are They Safe, Effective?
5. Researchers Find SSRI Effective for Major Depression in Children
6. Survey Finds Stress, Boredom, Too Much Spending Money Lead to Drug Use

Parents Overwhelmingly Favor Providing Health Care Services in Schools



A CHHS Parent poll shows overwhelming support for health services and programs in school. Read the press release here: <http://www.healthinschools.org/press/poll.asp>.

View the full summary report with charts and graphics here: <http://www.healthinschools.org/pubs/paper/parentpoll.asp>

President's Council on Physical Fitness and Sports Launches New Interactive Web Site



Online Program Now Makes It Easier For Adults and Kids To Get Active and Fit To visit the website see the following address:

<http://www.presidentschallenge.org>.

Useful information can be found in **Teach Kids to Choose Friends Wisely** section of the Substance Abuse and Mental Health Services Administration website (<http://family.samhsa.gov/teach/>).

Topics include:

- Help Your Child Feel Comfortable in Social Situations:

- Helping Kids Keep Themselves Out of Hot Water:
- The School Bully Can Take a Toll on Your Child's Mental Health:
- Know Your Child's Friends and Their Parents:



The Parent's Guide to No Child Left Behind

can be found at:

<http://www.nochildleftbehind.gov/next/parentsguide.pdf>



International Walk to School Day is October 8.

Hundreds of thousands of children from all fifty states and around the world will join together to promote the health and environment benefits of walking to school. For more information contact: <http://www.childrenshealth.gov/index.html>

Caring for Kids: Expanding Dental and Mental Health Services through School-Based Health Centers

is an initiative of

The Robert Wood Johnson Foundation to support the development of sustainable models of dental and mental health services organized by school-based health centers. More information can be found online at: <http://www.healthinschools.org/cfk/cfkprogram.asp>



NASBE Posts State School Health Policies

The National Association of State Boards of Education (NASBE) has posted on its website a comprehensive review of state school health policies. http://www.healthinschools.org/2003/sept26b_alert.asp



Asset Building with Trick-or-Treaters: Tips for Parents



Here are 10 ideas to help trick-or-treating be a positive, asset-building experience for your children.

- Go trick-or-treating with your child or children to ensure their safety.
- To have a lot of fun together, wear a goofy costume yourself!
- Before leaving, talk to your child about being polite and respectful to neighbors.
- Encourage your child to talk to the neighbors; not just take their treats and run!
- Stop and visit in homes of people you know. Use trick-or-treating as an opportunity to introduce your child to your neighbors.
- Emphasize the creative side of Halloween. Make your own costumes together. Carve creative pumpkins. Make and decorate treats together.
- Limit the amount of treats that your child eats at a time.
- Make sure your child trick-or-treats in safe areas. If your child is going out with friends, find out where they're going and when they'll be back.
- Team up with another family in your neighborhood to go trick or treating together.
- Introduce a giving side to Halloween by having your children also pass out treats in addition to collecting them.

- Ideas from the Search Institute (<http://www.search-institute.org>).



Kansas Events



The Kansas Department of Health and Environment, Office of Local and Rural Health, will sponsor six **medical interpreter-training** sessions this coming year. Funding has been provided for these training sessions through the Heartland Centers for Public Health Workforce Development, Saint Louis University, School of Public Health, and the KDHE/CDC Bioterrorism Grant Training Fund. The locations are:

• **SE KANSAS**
Pittsburg Municipal Auditorium
October 16, 17, 22, 23 & 24 from 8:00am-5:00pm

• **NE KANSAS**
Lawrence Memorial Hospital
November 5, 6, 7, 13 & 14 from 8:00am-5:00pm

• **NC KANSAS**
Catholic Charities (Salina)
December 8, 9, 15, 16 & 17 from 8:00am-5:00pm

• **NW KANSAS**
Fort Hays State University
March 22-26, 2004 from 8:00am-5:00pm

• **SC KANSAS**
University of Kansas School of Medicine - Wichita
July 15-16 & 21-23, 2004 from 8:00am-5:00pm

• **SW KANSAS**
Western Plains Medical Complex
May 10-14, 2004 from 8:00am-5:00pm

For more information/or registration please contact Elizabeth Kizzie at Jewish Vocational Service, 1608 Baltimore, Kansas City, MO 64108 or call 816-471-2808 ext. 142, e-mail address ekizzie@jvskc.org.

Fluoride Varnish Training: Friday, October 3, 2003 9AM to 12PM. ITV Locations:

- Pittsburg: Mt. Carmel Regional Medical Center
- Topeka: Landon State Office Bldg., 900 SW Jackson, Rm. 855
- Hays: KUMC Northwest AHEC, 217 E. 32nd
- Wichita: KU School of Medicine, 1010 N. Kansas, Room #1310
- Garden City: KUMC Southwest AHEC, 1501 Fulton Terrace, Ste 1

For more information contact: Mary Beth Warren at AHEC: 620-235-4040.

Healthy Start Home Visitors Trainings:



For the Fall Schedule visit: <http://www.kdhe.state.ks.us/bcyf/c-f/downloads/03RegMtg.pdf>

Kansas Pediatric/Trauma Symposium – October 9-10, Hyatt Regency Hotel, Wichita, Ks. To request a registration form, or for more info contact: Lori Haskett, 785-296-8163 KDHE, Bureau of Health Promotions; LHaskett@Kdhe.state.ks.us.

Serving the Adolescent Patient – October 29th is a training to ensure that clinic and health departments provide client-centered care that is not only age appropriate but also complies with local, state, federal laws and mandates. The focus will be on key components of mandatory reporting legislation, implication to service provision, and strategies to meet the reproductive needs of all clinic patients. This training will be in Salina. For more information and to register contact: Shawnta Gantt, Development Systems, Inc. at 816-561-5050 or e-mail at: sgantt@devsys.org



The Kansas State Department of Education (KSDE), in collaboration with the Kansas

Department of Health and Environment (KDHE), will be conducting 10 regional workshops on **Human Sexuality and HIV/AIDS/STD Education and Abstinence-Only Education**. The purpose of these workshops is to make sure that all teachers of human sexuality and HIV/AIDS/STD education have current medically accurate information and sensitivity about both of these topics. KSDE conducted a survey that showed that a number of teachers who are assigned to teach Human Sexuality and HIV/AIDS/STD education were providing students with information that was either not accurate or up to date. It is extremely important that information given about HIV/AIDS/STD is medically accurate, to avoid future litigation. Locations and Dates for the workshops are as follows:

- Garden City Community College, October 22, 2003
- USD #229 – Blue Valley Education Center, October 28, 2003
- Butler County Community College, November 4, 2003
- USD #453 – Leavenworth, November 10, 2003
- Ottawa Health Department, January 6, 2004
- Pittsburg State University, January 20, 2004
- DCCCA Regional Prevention Center, February 2, 2004
- Wichita Airport Hilton, February 10, 2004
- Manhattan Holiday Inn Holiday, March 2, 2004
- Hutchinson Community College/Area Technical School, March 12, 2004

Each workshop will run from 8:00 a.m. to 3:30 p.m. For more information, call Dr. Darrel Lang (785) 296-6716. dlang@ksde.org

ZIPs: Events & Resources

I wish more and more that health were studied half as much as disease is.

- Sarah N. Cleghorn (1976–1959), poet

National Events:

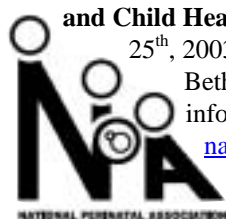


The Reproductive Options Education Consortium for Nursing invites you to Caring for the Woman With an Unintended Pregnancy: Teaching Nurses What They Need to Know, Saturday November 15, 2003 8:30 - 4:00 pm—Chicago, Illinois. This training is designed to provide a clinical update on reproductive options and promote its integration into curricula of nursing and other health professions education programs. Target Audience: Nursing, midwifery and physician assistant educators (faculty/clinical instructors, preceptors and trainers of nurses and other clinical staff) and practicing clinicians (nurses, nurse practitioners, nurse midwives, physician assistants and other health professionals). This training will be offered in other locations in the US during the next year. See registration form for dates of other upcoming trainings or go to <http://www.roeconsortium.org>.

School Health Beyond the Borders – 77th Annual ASHA School Health Conference: October 15-18, 2003 El Paso, Texas. For more information visit:



The ABC's of Improving Maternal and Child Health – October 23-25th, 2003. Bethesda Marriott, Bethesda, Maryland. For info see: <http://www.nationalperinatal.org>



Funding Opportunities

The **Lalor Foundation's Anna Lalor Burdick Program** awards grants of \$10,000 - \$50,000 for programs educating young women about human reproduction. The initiative focuses on young women, including mothers and teens, with inadequate access to info on birth control, abortion and related issues. Priority is given to new projects and grassroots efforts. All nonprofits are eligible. The next deadline for concept papers is November 15. For more info: www.lalorfound.org.

NASN Educational Advancement



Award (formerly the Shirley Steel Scholarship)

Intended to improve school nursing by assisting registered nurses employed in schools to advance their education. 2 Awards of \$1,500. Deadline is October 15th. Download Application (MS Word document): <http://www.nasn.org/members/OGsScholarshipapp.doc>. OR Contact NASN@nasn.org. To see all the awards and scholarships available through NASN and their deadlines, see <http://www.nasn.org/members/awardschart.htm>


Samuel Harris Fund For Children's Dental Health Dentistry Grant Program:



The ADA Foundation has established a permanent endowment fund that is dedicated to preventing dental caries and other oral diseases of children. Under the auspices of this program, competitive grants in amounts up to \$5,000 will be awarded to applicants whose oral health promotion programs are designed to improve children's oral health through community education programs. For more information, go to http://www.ada.org/ada/prod/adaf/prog_access_harris.asp

Resources

Got Health Questions? Check out: <http://www.medlineplus.gov/>; a service of the U.S. National Library of Medicine and the National Institutes of Health.

 **HealthTeacher.Com.** Looking for ideas for a lesson to present on health information go to <http://www.healthteacher.com>

The **August 2003** issue of **Kansas Health Statistics Report** is available on the KDHE website at: <http://www.kdhe.state.ks.us/ches/khsnews/khs18.pdf>



Be sure to check out **Nursing-world.org**—

"nursing's most popular and informative website" containing "up to the minute nursing news." Go to <http://www.nursingworld.org>

School & Community Health Education tools and publications can be found at: <http://www.etr.org>



 **KidSafety of America**

Kidsafety of America 2003-2004 Catalog can be viewed online at: <http://www.kidsafetystore.com>

A great resource is available now at <http://www.nyu.edu/socialwork/wwwrsw/> for social service workers. A wide range of links to relevant government agencies, educational institutions, and professional organizations are available. The materials accessible are full text journal articles as well as scientific, technical, and policy reports. The services via this web site are free.